



Net Children Go Mobile Working together to help you stay safe online

TOP TIPS

1.

4.

The internet is a great place to learn, discover, communicate and have fun. But just as in the real world, there are some risks as well as great benefits. Take note of the tips below to help you and your family to stay safe online.

What does your digital footprint look like? Assume everybody is watching and think before you post! Everything you put online stays there and becomes your digital footprint which can be seen by anyone. Remember that something you post today may be read by someone in 5 or 10 years time. Will it paint the best picture of you?

i h8 u: Always treat others as you would like them to treat you. If you are the victim of cyberbullying, tell a trusted adult – someone who can help you. Don't suffer in silence and if you do receive a nasty text or IM, keep the evidence!

3. Who are you talking to? Be a responsible net citizen – remember that people who you only know online are still really strangers. It is important

to keep online friends online – don't meet up with online friends in the real world without talking to an adult you trust first.

How can you report a problem? If something goes wrong and you feel uncomfortable or upset when you are online, there are things you can do. Tell your parents or carers or another trusted adult. You can always click the report abuse button and contact the helpline. There is more information about this on the back of this leaflet.

5. Your parents are there to help and learn with you. They are your allies in your surfing on the internet. Help them understand how to have fun and learn things online and teach them things about the Internet, computers and

other technology. When something wrong happens, they will help you solve the problem.

Insafe is a European network of Awareness Centres promoting safe, responsible use of the Internet and mobile devices to young people. It is co-funded by the <u>Safer Internet Programme</u>. Further information is available from <u>www.saferinternet.org</u>

Net Children Go Mobile is a new research project designed to investigate the online experiences of children, the risks and opportunities connected to internet consumption through mobile devices (such as smartphones, tablets, etc.). Between 2013 and 2014, Net Children Go Mobile will conduct original empirical research amongst children aged 9 to 16, across six member states (Italy, UK, Denmark, Romania, Ireland and Portugal). Further information is available on www.netchildrengomobile.eu

For further information about any online safety issues, please don't hesitate to contact the Webwise, Childline (ISPCC), who are the safer internet awareness centre in Ireland . Their websites can be found at <u>www.webwise.ie</u>, or you can call 1800 66 66 66.

Q. Where can I report illegal content?

A. Illegal content can be reported to Hotline.ie in Ireland: <u>www.hotline.ie</u>.

Q. Who can I speak to if I have concerns about something that is happening online?

A. Speak to your parents or a trusted adult or call the helpline. In Ireland you can call Childline on 1800 66 66 66 and speak to someone in confidence.

Q. Where can I find out more information about how to keep my family safe online?

A. Visit your safer internet awareness centre's website at <u>www.webwise.ie.</u>

You can also find more information at <u>www.saferinternet.org</u>



